

# ALTERMAN & JOHNSON FAMILY CHIROPRACTORS and BLOOMING BELLIES

## Application for Care

Name \_\_\_\_\_ Date: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Referred By \_\_\_\_\_ E-mail \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Marital Status  S  M  D  W

Spouse's Name \_\_\_\_\_ Spouse's Occupation \_\_\_\_\_ # of Children/Ages \_\_\_\_\_

Previous chiropractor \_\_\_\_\_ Approx. date of last visit \_\_\_\_\_

Chiropractic techniques you've had success with \_\_\_\_\_

If pregnant, how many weeks? \_\_\_\_ Due Date \_\_\_\_\_ Name of OB/midwife \_\_\_\_\_

Ins Co. \_\_\_\_\_ Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

Subscriber's Name \_\_\_\_\_ Subscriber's Date of Birth \_\_\_\_\_

**The information in this section pertains to your history from birth to age 5, if you don't know just write "D.K."**

<b>Yes</b>	<b>No</b>		<b>Patient Comment if answer is Yes</b>	<b>Chiropractor's Comment</b>
		<b>1. Your mother's pregnancy with you</b>		
<input type="checkbox"/>	<input type="checkbox"/>	Was she in good health through her pregnancy?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Have any falls or injuries during pregnancy?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Experience any physical and/or mental abuse?	_____	_____
		<b>2. Birth Process</b>		
<input type="checkbox"/>	<input type="checkbox"/>	Was the delivery long or difficult?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Mother given drugs during delivery?	_____	_____
		Forceps or Cesarean? Breech? Circle one if it applies	_____	_____
		Home birth? Hospital birth? Circle one	_____	_____
		<b>3. Growth and Development</b>		
<input type="checkbox"/>	<input type="checkbox"/>	Were you taught how to care for your spine?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Did you fall out of bed? Did you fall down the stairs?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Were you breastfed?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Childhood sicknesses?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Accidents? Falls? Injuries?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Surgery? Drugs?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Child abuse?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Spanking (how?)	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Chair pulled out when sat down?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Were you yanked by your arm?	_____	_____

Yes	No	(Age 5 - Present)	Patient Comment if answer is Yes	Chiropractor's Comment
<input type="checkbox"/>	<input type="checkbox"/>	Did/do you smoke?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Did/do you drink any alcohol?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Have you had surgery or organs removed/replaced?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Drugs? (Prescriptive or non-prescriptive)	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Teeth, eye or hearing problems?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Have you been in accidents?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Exercise regularly?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Did/do you have occupational stress?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Physical stress? Mental Stress?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Hobbies/Sports injuries	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Other traumas or problems?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Sleeping posture <input type="checkbox"/> side <input type="checkbox"/> stomach <input type="checkbox"/> back	_____	_____

Reason for visiting us \_\_\_\_\_

If pain, when did it start? \_\_\_\_\_

Pains are  Sharp  Dull  Constant  Intermittent Getting worse?  Yes  No

What activities aggravate your condition/pain? \_\_\_\_\_

What activities lessen your condition/pain? \_\_\_\_\_

Is this condition worse during certain times of the day? \_\_\_\_\_

Is this condition interfering with work?  Yes  No Sleep?  Yes  No Routine?  Yes  No

Other doctors seen for condition \_\_\_\_\_

Any home remedies? \_\_\_\_\_

What have you heard about chiropractic care? \_\_\_\_\_

Do you know what a subluxation is? Please describe \_\_\_\_\_

What daily rituals for spinal health do you practice? \_\_\_\_\_

Other symptoms:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Headaches                  | <input type="checkbox"/> Pins and needles in arms         | <input type="checkbox"/> Dizziness, fainting |
| <input type="checkbox"/> Neck Pain                  | <input type="checkbox"/> Pins and needles in legs         | <input type="checkbox"/> Loss of smell       |
| <input type="checkbox"/> Upper back, shoulder pain  | <input type="checkbox"/> Numbness in arms, hands, fingers | <input type="checkbox"/> Loss of taste       |
| <input type="checkbox"/> Mid back pain              | <input type="checkbox"/> Numbness in legs, feet, toes     | <input type="checkbox"/> Diarrhea            |
| <input type="checkbox"/> Low back pain              | <input type="checkbox"/> Shortness of breath              | <input type="checkbox"/> Feet cold           |
| <input type="checkbox"/> Hip pain                   | <input type="checkbox"/> Fatigue                          | <input type="checkbox"/> Hands cold          |
| <input type="checkbox"/> Pain in arms, hands        | <input type="checkbox"/> Depression                       | <input type="checkbox"/> Stomach upset       |
| <input type="checkbox"/> Pain in legs, feet         | <input type="checkbox"/> Lights bother eyes               | <input type="checkbox"/> Constipation        |
| <input type="checkbox"/> Difficulty in raising legs | <input type="checkbox"/> Loss of memory                   | <input type="checkbox"/> Loss of Balance     |

# ALTERMAN & JOHNSON FAMILY CHIROPRACTORS and BLOOMING BELLIES

(904)247-3933 or (904)479-0363

## TERMS OF ACCEPTANCE

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Adjustment** – An adjustment is the specific application of forces to facilitate the body’s correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine.

**Health** – A state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

**Vertebral Subluxation** – A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of neural impulses, resulting in a lessening of the body’s innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body’s innate wisdom. Our only method is specific adjusting to correct vertebral subluxations.

All questions regarding the doctor’s objectives pertaining to my care in this office have been answered to my complete satisfaction.

I hereby authorize payment directly to this office for professional services rendered and shall be personally responsible for any unpaid balance to the doctors. I hereby authorize the attending doctor to release any information concerning my examination or treatment. If an outstanding balance is not paid within 30 days, I will be responsible for all costs incurred for collections, including reasonable attorney fees.

I have read and fully understand the above statements. I therefore accept chiropractic care on this basis.

Name \_\_\_\_\_ Signed \_\_\_\_\_

Date \_\_\_\_\_

**ALTERMAN & JOHNSON FAMILY CHIROPRACTORS and BLOOMING BELLIES**

(904)247-3933 or (904)479-0363

Please initial

**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

\_\_\_\_ I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of Privacy Practices. I understand that this form will be placed in my patient chart and maintained for four years.

Please initial

**TREATMENT AUTHORIZATION**

\_\_\_\_ I understand that if I am accepted as a patient by Alterman & Johnson Family Chiropractors, I am authorizing them to proceed with any treatment that may be necessary. Furthermore, any risks regarding chiropractic care will be explained to me upon my request.

\_\_\_\_ I hereby state that, to the best of my knowledge, I am not pregnant, nor is pregnancy suspected or confirmed at this time. PLEASE LEAVE THIS BLANK IF YOU ARE PREGNANT

\_\_\_\_ I consent to receiving voicemail/text messages from Alterman & Johnson Family Chiropractors/Blooming Bellies related to my protected healthcare information at (phone number) \_\_\_\_\_. I understand I may be charged for such calls by my wireless carrier.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature (Patient or Parent/Guarding)

**AUTHORIZATION FOR TREATMENT OF MINOR**

I hereby authorize of Alterman & Johnson Family Chiropractors to administer treatment as they deem necessary to my child (name)\_\_\_\_\_.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

## REVIEW OF SYSTEMS

For new patients, established patients who may be having a new problem, or our patients who we haven't seen for a while, we need to update our records as to your general medical health. In each area, if you are not having any difficulties, please check "No Problems." If you are experiencing any of the symptoms listed, **PLEASE CIRCLE THE ONES THAT APPLY**, or explain any that may not be listed. If you have any questions about this, please ask one of the technicians, or your doctor.

**Const. (Health in General)**       No Problems    Lack of energy, unexplained weight gain or weight loss, loss of appetite, fever, night sweats, pain in jaws when eating, scalp tenderness, prior diagnosis of cancer.    Other: \_\_\_\_\_

**Ears, Nose, Mouth & Throat**       No Problems    Difficulty with hearing, sinus problems, runny nose, post-nasal drip, ringing in ears, mouth sores, loose teeth, ear pain, nosebleeds, sore throat, facial pain or numbness.    Other: \_\_\_\_\_

**C-V (Heart & Blood Vessels)**       No Problems    Irregular heartbeat, racing heart, chest pains, swelling of feet or legs, pain in legs with walking.    Other: \_\_\_\_\_

**Resp. (Lungs & Breathing)**       No Problems    Shortness of breath, night sweats, prolonged cough, wheezing, sputum production, prior tuberculosis, pleurisy, oxygen at home, coughing up blood, abnormal chest x-ray.    Other: \_\_\_\_\_

**GI (Stomach & Intestines)**       No Problems    Heartburn, constipation, intolerance to certain foods, diarrhea, abdominal pain, difficulty swallowing, nausea, vomiting, blood in stools, unexplained change in bowel habits, incontinence.    Other: \_\_\_\_\_

**GU (Kidney & Bladder)**       No Problems    Painful urination, frequent urination, urgency, prostate problems, bladder problems, impotence.    Other: \_\_\_\_\_

**MS (Muscles, Bones, Joints)**       No Problems    Joint pain, aching muscles, shoulder pain, swelling of joints, joint deformities, back pain.    Other: \_\_\_\_\_

**Integ. (Skin, Hair & Breast)**       No Problems    Persistent rash, itching, new skin lesion, change in existing skin lesion, hair loss or increase, breast changes.    Other: \_\_\_\_\_

**Neurologic (Brain & Nerves)**       No Problems    Frequent headaches, double vision, weakness, change in sensation, problems with walking or balance, dizziness, tremor, loss of consciousness, uncontrolled motions, episodes of visual loss.    Other: \_\_\_\_\_

**Psychiatric (Mood & Thinking)**       No Problems    Insomnia, irritability, depression, anxiety, recurrent bad thoughts, mood swings, hallucinations, compulsions.    Other: \_\_\_\_\_

**Endocrinologic (Glands)**       No Problems    Intolerance to heat or cold, menstrual irregularities, frequent hunger/urination/thirst, changes in sex drive.    Other: \_\_\_\_\_

**Hematologic (Blood/Lymph)**       No Problems    Easy bleeding, easy bruising, anemia, abnormal blood tests, leukemia, unexplained swollen areas.    Other: \_\_\_\_\_

**Allergic/Immunologic**       No Problems    Seasonal allergies, hay fever symptoms, itching, frequent infections, exposure to HIV.    Other: \_\_\_\_\_